



PDT WITH LEVULAN: POST-TREATMENT CARE

It is recommended that you avoid sunlight for up to 40 hours following the application of Levulan. Even a short sun exposure can result in a blistering sunburn.

Day of Treatment

1. If you have any discomfort, begin applying ice packs to the treated areas. This will help keep the area cool and alleviate any discomfort, as well as help keep down any swelling. Swelling will be most evident around the eyes and is usually more prominent in the morning.
2. Remain indoors and avoid direct sunlight.
3. Take analgesics such as Advil if necessary.
4. Use CeraVe healing ointment or a hydrogel (hyaluronic acid based gel) such as aloe, Bionect gel/spray, Elta Laser Enzyme Gel, or Neocutis Biogel as often as needed.

Day 2-7

1. You may begin applying make-up once any crusting has healed. The area may be slightly red for 1-2 weeks.
2. The skin will feel dry and tightened. Hydrogels can be applied as often as needed in addition to twice daily use of a moisturizer such as CeraVe cream or healing ointment.
3. Try to avoid direct sunlight for one week. Use a total block Zinc Oxide based sunscreen with a minimum SPF 30. We recommend EltaMd, Cerave Invisible Zinc, SkinMedica Mineral Defense, etc.

Please do not hesitate to call our office for any questions: 318-442-9395.

