



## PDT WITH LEVULAN: TREATMENT STEPS

1. Patients who have a history of recurring cold sores (Herpes simplex type I) should start oral Valtrex 500 mg tablets, one tablet twice daily for three days – starting this prescription the morning of your PDT treatment. The prescription for this product will be ordered for you.
2. Make sure your skin is clean and free of all make-up, moisturizers, and sunscreens. Bring a hat, sunglasses, and scarf when appropriate to the clinic.
3. Photography will be done by the staff before the Levulan is applied.
4. You must sign a consent form.
5. An acetone scrub is performed. This will enhance the absorption of the Levulan and give much more even uptake. In some patients, microdermabrasion may also be performed immediately before the application of Levulan.
6. Levulan is applied topically to the whole area whole zone to be treated (such as the whole face, back of the hands, extensor part of the forearms).
7. The Levulan is left on for 30-60 minutes before any light treatment.
8. The levulan is activated with the BLU U or IPL device. This unique spectrum of light activates the Levulan beginning with low energy levels.
9. Post-treatment instructions will be given to you to care for your improved skin.

Please contact our office at (318) 442-9395 with any questions.

